

✘ CITIZENS OF THE KINGDOM ORTHODOXY ✘
Purification - Illumination - Glorification

NEW FULL MOON DAY NEWSLETTER

BIBLICAL NEW MOON = THE FULL MOON

"Likewise, the people of the land shall worship at the entrance to this gateway before the Heavenly Father on the Sabbaths and the New moons 🌕." Ezekiel 46:3

(English Biblical Translations ERROR - in Hebrew - chôdesh from H2318; means the new moon; by implication, a month: - month (-ly), new moon 🌕 = a beginning of a new month)

THOUGHT OF THE MONTH

Dear Readers

Let's tackle a sensitive matter this full moon. Let's talk about star signs... Yes, at one point or another, we have all been faced with the urge to read the star signs in the Sunday Times or a magazine column, even though we know it is a lot of nonsense. It either amuses us briefly or it contains what we want to hear that particular day or week to affirm our actions. I would like to think that after reading this article, Believers will understand the **Biblical relevance** of the **stars, sun and moon in our daily lives**, much better and that you will be much more aware of what the skies are telling us and what impact these heavenly bodies really have on our human bodies.

*"And it shall come to pass, that from **ONE NEW MOON** to another, and from **ONE SABBATH** to another, shall all flesh come to worship before me, saith the **HEAVENLY FATHER.**"*

Isaiah 66:23

LET ME BE CLEAR - THE SUN, MOON AND STARS ARE NOT TO BE WORSHIPPED OR IDOLIZED. THE BIBLE IS CLEAR THAT THE CONSEQUENCES WILL BE SEVERE.

*"At that time," says the Heavenly Father, "they shall bring out the bones of the kings of Judah, and the bones of its princes, and the bones of the priests, and the bones of the prophets, and the bones of the inhabitants of Jerusalem, out of their graves. They shall spread them before the **SUN** and the **MOON** and all the **HOSTS OF HEAVEN**, which they have loved and which they **HAVE SERVED** and after which they have walked, which they have sought and which they have **WORSHIPPED**. They shall not be **GATHERED NOT BURIED**; they shall be **LIKE REFUSE ON THE FACE OF THE EARTH**. Then death shall be chosen rather than life by all the residue of those who remain of **THIS EVIL FAMILY**, who remain in all the places where I have driven them," says the Heavenly Father of hosts."*

Jeremiah 8:1-3

EMPEROR CONSTANTINE WAS A SUN WORSHIPER, A "SOL INVICTUS" FOLLOWER TILL JUST BEFORE HIS DEATH. AND THEN THERE WERE THE CRESCENT MOON "BAAL" WORSHIPPERS AND FOLLOWERS... WHICH ARE STRANGELY TODAY REPRESENTED BY THE EASTERN FAITHS, NORTHERN AFRICAN TRIBES AND ALSO THE JEWISH FAITH?

SHOULD WE WONDER WHAT HAPPENED TO THE FULL MOON WORSHIPPERS?

It turns out it was a custom amongst the Babylonians and the Canaanites to set a day aside concerning their cult of the moon. Interestingly, the observance of the **FULL MOON** is called '**SABBATH**', derived from **SHABBATU**, the **AKKADIAN WORD** (an ancient Semetic language) **FOR FULL MOON**. Historical records reveal that in Babylonia, the fifteenth day of the month, or the day of the **FULL MOON**, was called **SHABBATU** too?

IS THIS ENOUGH REASON TO REVIEW THIS POSSIBLE CONFUSION? DO THE FALSE JEWS FOLLOW THE FALSE SABBATH AND PAGAN CRESCENT MOON ON PURPOSE? WHY IS REV. 2&3 WARNING US AGAINST FALSE JEWS? WHO ARE THEY IF THEY ARE NOT IN ISRAEL?

In the Bible translations we find the word Sabbath is often connected to the "new moon" (eg. Amos 8:5; 2 Ki 4:23; Ezk 46:1; Is 66:23) with clear instructions to be holy and a rest day. (English Biblical Translations ERROR - in Hebrew - chôdesh from H2318; means the **NEW MOON; BY IMPLICATION A MONTH: - MONTH (-LY)**,



NEW MOON = a beginning of a new month). The plot thickens... Clearly, there has been an agenda.

EZEKIEL IS CLEAR THAT IN THE NEW KINGDOM ALL PEOPLE WILL WORSHIP ACCORDING TO THE "NEW MOON" CYCLE AND SO PRACTICE THE SABBATH ON THE 7th DAY.

*"Likewise the people of the land shall worship at the entrance to this gateway before the Heavenly Father on the **SABBATHS** and the **NEW MOONS.**"*

Ezekiel 46:3

THE GLORY OF THE FULL MOON

The sun is always the same, but the moon is a body, existing according to the universal law of **BECOMING, OF BIRTH AND DEATH**. This ever-recurring cycle makes the moon the heavenly body above all others concerned with the **RHYTHM OF LIFE**. The **MOON GOVERNS** all those spheres of nature that fall under the law of recurring cycles: **water, rain, tides, plant life, the menstrual cycle, and fertility**. Time and the calendar were quite certainly measured everywhere by the phases of the moon.

WHY DID MAN DECIDE TO GO AGAINST THE CALENDAR GOD YHUH INSTRUCTED THROUGH MOSES?

Circadian rhythms are the physical, mental, and behavioural changes an organism experiences over a 24-hour cycle. Circadian comes from the Latin word circa "about" (alternative form of circum "round about;" see circum-) + diem, accusative singular of "day". **Light and dark have the biggest influence on circadian rhythms**, but so also do gravity, the weather, then food intake, stress, physical activity, and most definitely **EMF + 5G**, which boils down to exposure due to our social habits and the environment around us. The word "**Babylon**" is often used in the Bible to describe the likes of the infamous Sodom and Gamora cities which were lost to sin, addiction, satanism etc. So, when the media or books refer to **Babylonian Methods** - it holds no good in its reference. **These types of city environments disrupt our Circadian Rhythms.**

CARE OR WARFARE?

5G, EMF and chemtrails are just some of the known weapons used in neurological attacks against humanity and it also most definitely also affect all animals and plants. Google **DARPA** today. You will find it is affiliated with the US Military. It has an unprecedented "project". This particular project is most upsetting as it attempts to unravel the ways our biological clocks tick and how they can disrupt our systems as a form of untraceable warfare. They can disrupt our systems as a form of untraced warfare.

I would like to share the outcry of Dr Paul Batcho (former DARPA scientist) in which he states that - **"...they are purposely engaging in "acts of terrorism" against the general public through the emission of dangerous frequencies from cell phones and microwave towers."**

THIS MONTH'S NEWSLETTER IS, THEREFORE, ALL ABOUT LOOKING UP AT THE MOON AND STARS WITH A NEW UNDERSTANDING. Could it be a crucial Key we need to move forward? Rather than focusing on frivolous horoscopes, dig into real astrology and see how Father's heavenly bodies, His planets, are designed to exert their gravity on our body tissue, bones and bodily fluids to ensure a certain outcome from when we are born. Our hormones are directly influenced by the gravitational pull which dictates our personalities hence astrology can predict personality traits and tendencies with a fair amount of accuracy as the planet's orbital positions can be predicted at all times in relation to our place of birth.

Today we know that our cells need ways to sense and convert these crucial planetary forces. One of the widely accepted mechanisms is through what is called **"MECHANO-SENSITIVE ION CHANNELS"**. These channels are pores on the cell membrane that let particular charged molecules pass in or out of the cell depending on the gravitational forces they detect. It is a beautiful science, and key Satan has stolen from us by calling it a sin. There is an ancient mural in the Svetitskhoveli Cathedral in Georgia depicting a mural of an **ASTROLOGY CIRCLE WITH A DIFFERENCE**. This is a very significant church for the **GREEK ORTHODOX CHURCH** as it is seen as equivalent to the Vatican in importance. The gravestones of Saint Sidonia, Saint Nino, King David, the builder, and father of the legendary Queen Tamar who dedicated her life in preparation for the **END TIME CHURCH**, are commemorated around the "miracle pillar of healing". According to Georgian historians, 7 wooden pillars were cut from the tree that grew out of the grave of Sidonia who died with the healing robe of Yeshua in her hands. The pillars were to be used in the first church in the country back then, in collaboration with Constantinople. It was decreed by King Mirian III of Kartli, a devoted follower of Yeshua. I viewed it myself in 2018 and Father's awareness was seeded in me that day. It left me with many questions... Today that seed has fully matured into the "Tree of Life" for me and my questions are being answered as we have entered a season of awakening. The **APOCALYPTIC SCENE**, I witnessed, is of **THE END TIMES AND IT FRAMES THE ZODIAC WITH YESHUA AS THE CENTRE, SURROUNDED BY HIS APOSTLES**. It is situated near the pillar of healing. Father made me notice the architectural symbolism on the healing pillar's roof structure, which forms the tomb of Sidonia and again is linked to the design of the building commemorating the ascension of Yeshua in Jerusalem.



Mural in Svetitskhoveli Cathedral in Georgia

WHAT ARE THESE CHURCH FATHERS TELLING US?

BECOME AWARE, WE SAY TODAY TO YOU... Father's clock of creation is indeed magnificently calibrated to His level of perfection and so is His plan to heal humanity. **SINCE THE BEGINNING OF DECEMBER '24, GEORGIA, A CHRISTIAN COUNTRY, HAS FALLEN INTO TOTAL ANARCHY. PLEASE HEAR THEIR PLIGHT AND PRAY FOR THEM.**

I hear Father say, **"... COME OUT OF BABYLON MY PEOPLE..."**

SABBATH SHALOM

ESPECIALLY TO ALL THE AWOKEN FULL MOON SABBATH FOLLOWERS. YOU HAVE HEARD HIS CALL... KNOW - IT IS THERE FOR ALL WHO WANT HIS LIVING WATERS TO HEAL THEM AND TO PROTECT THEM.



WORMWOOD

A TWO-EDGED SWORD - PARASITE KILLER AND / OR HUMAN KILLER?

Wormwood (*Artemisia absinthium*) is a herb used in alcoholic drinks such as bitters, vermouth and absinthe. **IT IS ALSO USED IN MEDICINES.** Formulas using a combination of herbal remedies such as wormwood, cloves, black walnut hulls, and fennel are taken to eliminate parasites. **THUJONE-FREE** wormwood can be safe when used as medicine, in the short-term. Therefore, read your labels well. Its oil may contain the chemical "thujone", which is poisonous.

SYMPTOMS OF WORMWOOD POISONING:

The **THUJONE** in wormwood oil excites the central nervous system and can cause **SEIZURES, KIDNEY FAILURE, VOMITING,** and **OTHER SERIOUS AND FATAL SIDE EFFECTS.**



THE BOOK OF REVELATIONS WARNS US OF A LOOMING GENOCIDE

*"Then the third angel sounded: And a great star fell from heaven, burning like a torch, and it fell on a **THIRD OF THE RIVERS** and on the **SPRINGS OF WATER**. The name of the star is **WORMWOOD**. A third of the waters became **WORMWOOD**, and **MANY MEN DIED** from the **WATER, BECAUSE IT WAS MADE BITTER.**"*

Revelation 8:10-11 NKJV

THIS IS A PROPHETIC WARNING FOR THIS TIME GOING FORWARD. ALL WATER SOURCES MUST BE SCRUTINISED.

FATHER GAVE REVELATION 13 ...AND INDICATED A RISING POWER AND IMMINENT DANGER. ASK FATHER TO REVEAL THIS SCRIPTURE TO YOU TOO... HE WARNS US HERE OF THE FIRST BEAST THAT WILL "RISE FROM THE SEA". SCRIPTURE LETS US BELIEVE THAT THIS MIGHTY BEAST WILL INFILTRATE THE GLOBAL COMMUNITIES, TILL IT IS READY TO TAKE OUT ITS OPPOSITION. THIS BEAST WILL REVEAL ITSELF AS A POWER THAT HAS RISEN OUT OF THE SEA, ON AREAS OF RECLAIMED LAND. FATHER SHOWED IT WILL LURE "HIGHFLYERS", WITH PROMISES OF GREAT FORTUNE AND MARVELLOUS ACHIEVEMENTS. THIS BEAST WILL ALSO BUILD "THE WALL" FOR ALL TO MARVEL AT... FATHER GAVE EZEKIEL 13 SO THAT WE CAN UNDERSTAND THAT TRICKERY AND WITCHCRAFT ARE THEIR SPECIALITY AND WILL BE USED SPIRITUALLY TO CONFUSE AND EVENTUALLY OVERPOWER THE BEASTS' NON-SUSPECTING ADMIRERS. SOULS WILL BE HUNTED LIKE BIRDS ARE HUNTED BY THEM. THE SECOND BEAST WILL SUPPORT THE FIRST BEAST - AND WILL SPREAD THE FALSE DOCTRINE THROUGHOUT THE WHOLE WORLD, LIKE A HARLOT, WITH NO CONVICTION, STARTING WITH ISRAEL. THIS NEW DOCTRINE IS MEANT TO BE EMBRACED IN THE NAME OF "PEACE" WHICH IS A FALSE PEACE.

CAN YOU GUESS WHO THIS BEAST IS? THE REALITY IS, FATHER SAID - WORMWOOD IS A WARNING OF A LOOMING CHEMICAL WEAPONS ATTACK. A SILENT KILLER, LURKING IN DRINKING WATER THAT CAN OVERNIGHT HELP BRING THE 2030 AGENDA TO FULFILLMENT.

HOW LIGHT AFFECTS YOUR BODY CLOCK

CIRCADIAN RHYTHM



We all have an internal body clock that tells us when to sleep, wake, and eat each day. **That pattern is known as a circadian rhythm.** Ignoring your natural rhythms, or allowing outside factors to influence them, can lead to insomnia, exhaustion, and lack of energy.

Your circadian rhythm is run by an area of the brain called the hypothalamus. Neurons in this region take cues from the environment – **like the moon, sunlight and temperature** – and release hormones that signal the body to sleep, eat, or wake. Your sleep/wake cycle is the most obvious part of your circadian rhythm, but other body processes also depend on it – your **metabolism, cognition, and even digestion and waste** are also on a 24-hour cycle.

THE FULL MOON can influence your quality of sleep. Especially the period between when you first fall asleep and when you enter the first stage of REM sleep as it can take longer.

Other causes of REM sleep latency and circadian rhythms disturbances:

- sleep apnoea
- alcohol use
- some medications

A lack of a natural circadian rhythm is evident in countries that have very little sunlight or daylight hours (Norway, Sweden, Iceland and even the UK) and find that they have increased physical health issues, and mental health issues and suffer from sleep disturbances.

Sunlight signals

Sunlight is probably the most important external cue when it comes to the human circadian cycle. In the early morning, **cortisol levels act as an alarm clock**, waking us up as the sun rises. Later in the day, **increased darkness triggers the release of melatonin**, which makes you feel tired and ready for bed. Wearing sunglasses confuses your circadian rhythm because they make the body think it is late in the day or close to night-time.

Staying in time with your body clock

Sticking to a daily routine is the best way to keep your body clock in sync with the outside world. That means waking and going to bed at similar times each day – even on weekends. Eat at similar intervals throughout the day so your body knows when to feel hungry. If you have jetlag after long-haul travel, try to get back into your usual routine as quickly as possible.

If you have trouble getting to sleep, try switching off phones, laptops, and TV at least an hour before bedtime. **The blue light from these devices can be particularly damaging to melatonin production.** If you struggle to wake in the mornings, try leaving the curtains open to allow sunrise to wake you, or use a special 'sunrise' alarm clock, which gradually brightens your bedroom and allows you to wake naturally.

"He has made everything beautiful IN ITS TIME."
Ecclesiastes 3:11

What Throws Off Your Circadian Clock?

Anything that impacts circadian rhythms can throw off your master clock and sleep schedule when experienced at the wrong time. These factors include:

- A **lack of exposure to sunlight** during daylight hours
- Exposure to **artificial light**, especially **blue light**, during dark hours
- Eating meals or snacks **off-schedule** or at inconsistent times
- Going to sleep and waking up at **inconsistent times**
- Exercise or other physical **activity too close to bedtime**
- Working the **night shift** or other forms of shift work
- Travelling across different **time zones**
- **5G, EMF and chemtrails** are just some of the weapons used in **neurological attacks** against humanity, which affect sleeping patterns and the **intricate balance** of our circadian clocks

DO GOOD BY GIVING BACK



Helping others is a humbling yet very uplifting experience - It is a biblical assignment for good reason!

"THEY ARE TO DO GOOD, TO BE RICH IN GOOD WORKS, TO BE GENEROUS AND READY TO SHARE.

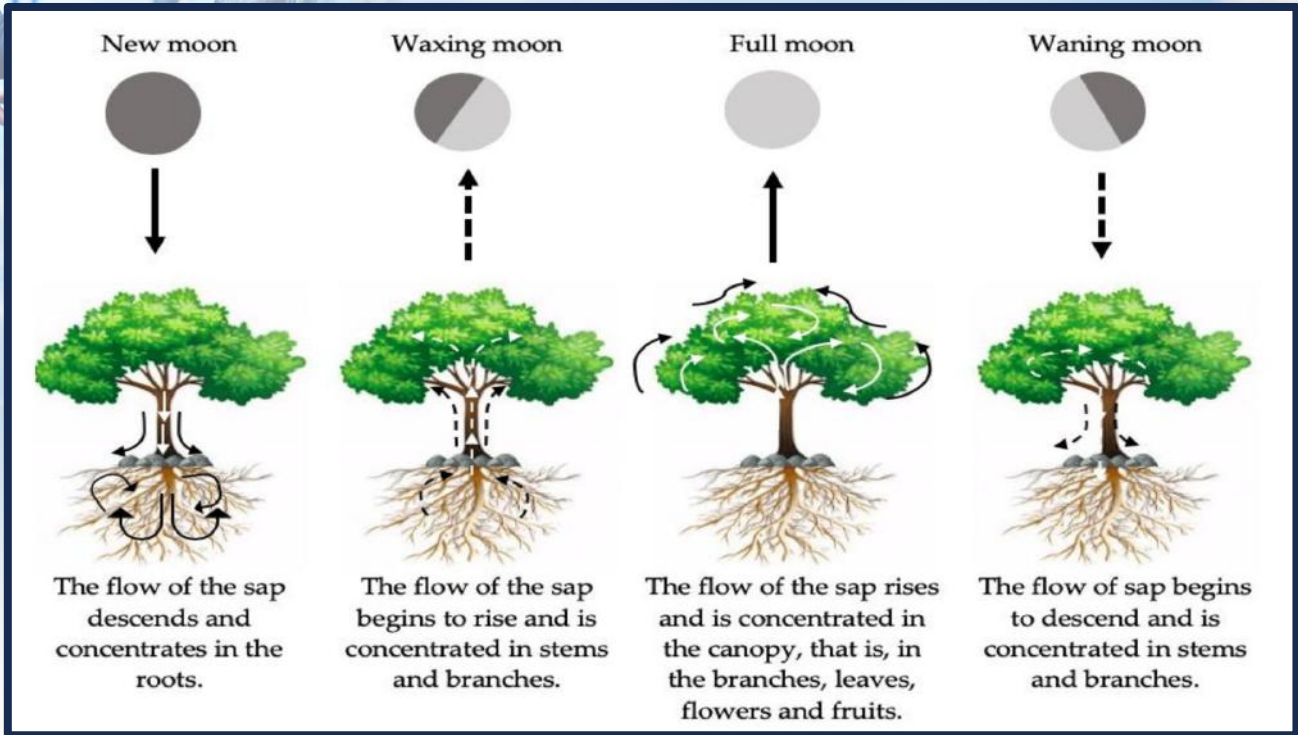
1 TIMOTHY 6:18

SO, IF YOU WANT TO FEEL GOOD, DO GOOD 😊!

HERE ARE SOME IDEAS:

1. 🙌 **Acknowledge and engage** with fellow humans. Smile at a cashier, wave at your neighbour
2. 📵 **Choose people over technology** – turn your phone off for a few hours and really engage with your friends and family
3. 🛒 **Lend a helping hand** – open the car door for someone, return a trolley for an elderly person
4. 😊 **Pay someone a compliment** – compliment them on the good job they are doing – or even better, tell their manager!

MOON PHASE GARDENING – GET IN SYNC WITH NATURE



Moon phase gardening follows the simple idea that the same gravitational cycles that control the tides move all the smaller waters of the Earth. As the moon waxes, the **water table rises** in the Earth, and in the vascular structures of plants. Seeds **absorb moisture more readily** and **germinate more quickly**. As the moon wanes, water is sent deeper into the Earth and vitality **returns to the roots**.

The **waxing moon** consists of the **first and second quarters** and is a good time to **plant** any annuals that bear **above the ground** and to **graft, clone, and propagate**. The **waning moon (the third and fourth quarters)** is the time to focus on the **roots & soil**. Plant **root crops**, biennials, and perennials, also **fertilize, mulch, weed, and control pests**.

Paying attention to these cycles of the earth's breath can help bring us in touch with the life rhythms of nature, the **way our Heavenly Father created it**—going back millennia, farmers on both sides of the Atlantic Ocean have planted, weeded, pruned, and harvested according to the **rhythms of the moon**.

WAXING MOON				WANING MOON			
Sow, Transplant, Bud and Graft				Plow, Cultivate, Weed and Reap			
NO MOON	FIRST QUARTER MOON	FIRST QUARTER	FULL MOON	THIRD QUARTER	LAST QUARTER MOON	FOURTH QUARTER	NO MOON
FIRST QUARTER Plant above-ground crops with outside seeds and flowering annuals		FIRST QUARTER Plant above-ground crops with inside seeds		THIRD QUARTER Plant root crops, bulbs, biennials and perennials		FOURTH QUARTER Do NOT plant, most dormant period	
EXAMPLES Asparagus Cabbage Celery Lettuce Endive Spinach		EXAMPLES Beans Peas Peppers Squash Tomatoes Cucumbers		EXAMPLES Onions Potatoes Rhubarb Grapes Berries		EXAMPLES Weed Cultivate Control Pests Turn Sod	

UNDERSTANDING THE DANGERS OF PARASITES



PARASITIC INFESTATIONS ARE A MUCH GREATER PROBLEM THAN MOST PEOPLE REALISE.

Many alternative doctors are aware of a huge epidemic of parasitic infestations largely ignored and unrecognised within conventional medicine. Although not long ago, people regularly dewormed their bodies by drinking a **tablespoon of castor oil every month**. Parasites are especially draining on your energy and can also be the source of many health problems – **skin eruptions, chronic itching and scratching, digestive disorders, joint problems, bad breath;** and they nest in tumours. **Parasites get the nourishing food first**, leaving your bloodstream polluted with their waste materials. These pesky critters thrive in an acidic environment and tend to be active in the body at both new and full moon cycles.

PAY CLOSER ATTENTION TO YOUR BODIE'S CONDITION DURING THE VARIOUS LUNAR CYCLES.

Formulas using a combination of herbal remedies such as cloves, wormwood, black walnut hulls, and fennel are available commercially and can be taken to eliminate parasites; **castor oil, figs, pumpkin seeds, fresh garlic, and cayenne pepper** are foods commonly used for purging parasites from the body. The hull of the **green walnut** is known to kill parasites and worms in the body. Adding these foods to your diet on a regular basis can keep your body strong – **parasites will not live in an alkaline environment.**

PARASITE CLEANSE

WITH A FULL MOON, IT IS THE BEST TIME TO DO THE PARASITE CLEANSE 😊

PARASITE CLEANSE RECIPE

Ingredients:

- 1 cinnamon stick
- 2 cloves
- 1 tablespoon of fresh grated ginger
- 1/2 tablespoon of oregano

Instructions:

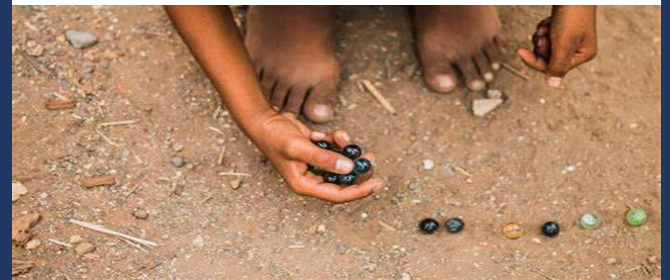
1. **Boil Water:** Bring 4 cups of water to a boil in a saucepan.
2. **Add Ingredients:** Add the cinnamon stick, cloves, grated ginger, and oregano to the boiling water.
3. **Simmer:** Reduce the heat and let the mixture simmer for about 10-15 minutes.
4. **Strain:** Strain the tea into a cup or teapot.
5. **Serve:** Enjoy your parasite-cleansing tea hot.

DEWORMING REMINDER

DEWORMING REGULARLY:



DO YOU KNOW?



CHILDREN CAN GET INFECTED WITH SOIL-TRANSMITTED PARASITES

According to the World Health Organization, approximately 1.5 billion people around the world are infected by soil-transmitted parasites called **HELMINTH**.

HOW DOES THIS HAPPEN?

Soil-transmitted helminths (parasites) are transmitted by eggs passed through infected children's faeces. **WARNING: PARKS, PLAYGROUNDS, SCHOOLS, DAYCARE CENTRES... OR VEGETABLE GARDENS.** Adult worms live in the intestines where they produce thousands of eggs each day. In municipal areas or institutions like school grounds, and children's homes that lack **SUPERVISION, ADEQUATE SANITATION (TOILETS), OR HYGIENE PRACTICES**, these eggs contaminate soil like composts or sand pits. This can happen in several ways:

- Eggs that are attached to vegetables are ingested when the vegetables are not carefully cooked, washed or peeled
- Eggs are ingested from contaminated **WATER SOURCES**
- Eggs are ingested by children who play in the contaminated soil and then put their hands in their mouths, without washing them
- Eggs are also ingested by cats and dogs who play and eat from the contaminated soil

